

Living a Joy-Filled Life

## Description

Be joyful always; pray continually; give thanks in all circumstances, for this is God's will for you in Christ Jesus. (1 Thessalonians 5:16-18)

Is it possible to have a joy-filled life on a daily basis? I have been taking time to discover what the joyful life in Jesus looks like. How can we truly experience this? Is there a way to stay joyful when life gets crazy? Can we experience joy on a daily basis even in the midst of chaos?

I think we can. I think joy is a choice we make every day. We get to choose where we dwell our thoughts. If we park our thoughts on the things of the Lord and his goodness, then we will experience joy. If we dwell on the negative things in life the outcome will be negative. We can only experience joy if we give ourselves to Jesus and focus on who He is. Satan can't steal our joy unless we let him and we have to start having a mindset that we won't go down without a fight.

This next 7 weeks, I would like to unpack what it means to live a joy-filled life. I want to share my 7 secrets for this. Each week I will take one secret and share how to implement it in our lives. I hope you will come with me on this grand adventure and that after this 7 weeks you will experience a new joy in Jesus. I pray you will walk away equipped to live joyfully in the Lord!

To receive more from this 7 week study, please consider buying my book <u>Joyful Living</u>. This book gives a 30 day devotional on how to truly walk out a life of joy!

Dear Father God, Please teach us what it means to live a joy-filled life in you. May we spend our days joyfully serving you and rejoicing in all that you have given us. Thank you God for giving us a reason to be joyful through the sacrifice of your Son Jesus Christ!

Living the Joy-Filled Life,

## Category

1. Joyful Living

## Tags

- 1. Joy
- 2. Victorious Life

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