



## A Joyful Jumpstart

### Description

Rejoice in the Lord always. I will say it again: Rejoice! (Philippians 4:4)

This is just one of the verses I enjoy starting my day with. I determined a little while ago that before I open my eyes to what the day has, I will choose to be joyful over my day. I will choose to find joy in my experiences. I will choose to find joy in the tough times. I will choose to find joy even when what God's doing doesn't make sense to me! I choose to have a joyful day!

Why don't you try this out and see if it works for you? Tomorrow morning, before you open your eyes to a brand new day. Repeat two or three verses of joy to yourself. Declare that you will have joy in the day that God has provided for you! Here are a few verses to get you started.

**"This is the day the Lord has made; *I will* rejoice and be glad in it." (Psalm 118:24)**

**"...for the joy of the Lord is *my* strength." (Nehemiah 8:10)**

**"Then I will go to the altar of God, to God, my joy and my delight..." (Psalm 43:4)**

**"...yet I will rejoice in the Lord, I will be joyful in God my Savior." (Habakkuk 3:18)**

I challenge you to take 2 or 3 of these verses and say them in the morning, for 7 days. Don't open your eyes quite yet! Repeat these verses of joy and believe that God wants to give you a joyful experience throughout your day! Let me know how it goes! I would love to hear how this transforms your week!

[Read more of Philippians 4](#)

*Dear Father God, I pray that this will be a joy filled week. Help me to remember to claim joy for my life every morning! May my thoughts start with You! May my day begin rejoicing in Your goodness! I choose to be joyful!*

Looking forward to my Joyful Jumpstart,

**Category**

1. Joyful Living

**Tags**

1. Devotional
2. God
3. Jesus
4. Joy
5. Joyful
6. Philippians

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**Author**

thepricelessjourney

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