



5 Simple Ways to Become a Proverbs 31 Mom

Description

An excellent woman [one who is spiritual, capable, intelligent, and virtuous], who is he who can find her?

Her value is more precious than jewels *and* her worth is far above rubies *or* pearls.

(Proverbs 31:10, AMP)

I know that often it can seem impossible to achieve the standard we see set forth in the Proverbs 31 woman, but let's take a look at it from a mother's perspective. How can we apply these verses to motherhood? I think we often overcomplicate this. This is not a set of rules to be obeyed. This is not a standard to achieve. We are the Proverbs 31 woman when we are surrendered to God's purpose in our lives and live to please Him alone.

She comforts, encourages, *and* does him only good and not evil all the days of her life.
(Proverbs 31:12, AMP)

I need to recognize that my primary role in the home is to be a supportive and loving wife. God gave me my marriage before He gave me my children. How can I better support the man that God has entrusted to me? Let me live out my days being a constant comfort and encouragement to the one God gave to me! May my words be pleasing in the sight of the Lord and may my attitude reflect a heart of thanksgiving for all that God has given me.

She girds herself with strength [spiritual, mental, and physical fitness for her God-given task] and makes her arms strong *and* firm. (Proverbs 31:17, AMPC)

The Proverbs 31 mom recognizes that her health and physical being need attention. I have to make time in my day to workout as I want to be a mom who can chase my kids around. I want to have a boundless energy, but this means I have to discipline my physical body. And even more than that I need to spiritually be disciplined. How quickly a day can go by and how necessary it is for me to spend as much time as I can in the Word. Five minutes here and there make a big difference in my attitude and the way I serve my family. I need to constantly gird myself with spiritual strength for the journey!

Strength and dignity are her clothing *and* her position is strong and secure; and she smiles at the future [knowing that she and her family are prepared]. (Proverbs 31:25, AMP)

May strength and dignity be our clothing of choice. May we smile at the future, knowing that God's got it. He is in control! He has equipped us to be the wives and moms we need to be in our homes. As we daily depend on Him, we can find ourselves prepared for whatever the future may bring.

She looks well to how things go in her household, and the bread of idleness (gossip, discontent, and self-pity) she will not eat. (Proverbs 31:27, AMPC)

We are the Proverbs 31 mom when we choose to stay away from the bread of idleness. Gossip, discontentment and self-pity will lead us astray from our true calling, but if we keep a tighter reign on our tongues and spend our time wisely... we will be more fruitful in our homes. Our labor is never in vain when it is for the Lord!

Charm *and* grace are deceptive, and beauty is vain [because it is not lasting], but a woman who reverently *and* worshipfully fears the Lord, she shall be praised! (Proverbs 31:30, AMPC)

In our homes, we must first and foremost live in reverence to the Lord. We must spend time worshipping Him, sitting in His presence, and meditating on His Truth. As we seek Him and His purpose for our homes, we will find something that makes a lasting difference. Only in the Lord can we truly be effective as wives and moms! Let's live to honor Him first and foremost and out of our dependence on Him will spring streams of living water for our homes and those who enter them!

To learn more on how you can embrace the moments in your home and make each one count, you can pre-order my new book [Make Your Moments Count](#). It's a 30-day devotional filled with wisdom from 20 moms and myself, who have narrowed down the life lessons we want our children to learn before leaving home.

Dear Father God, I'll never reach perfection on this earth, but I can strive to have a heart more devoted to You and the things of You. Lord, please give me an undivided heart for Your purpose alone. May I seek to honor You as a woman first, daughter to the King of Kings, than as a wife, and as a mom. Lord, You alone are worthy of my praise and I pray that I will be the woman You have called me to be in my home!

Becoming a Proverbs 31 Mom,

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