

I Choose Joy

### **Description**

Be joyful always. (1 Thessalonians 5:16)

Live It Out

Is it possible to always be joyful? I like to think so! But joy is a choice. I wake up daily with a choice to make. I can choose to be joyful because of who God is and know that no matter what my circumstances will pass in time or I can choose to dwell on the negative. I can choose to dwell on things that don't bring joy. The choice is mine! And God will never force me to choose joy!

True joy comes from a consistent relationship with the Lord. I choose to daily walk according to God's ways and focus on the work of His Son. I choose joy, not because I'm joyful or even feel like having joy some days. I simply choose joy because I know that God is faithful! He will sustain me! He will be my Rock and my Redeemer!

Will you choose joy today? Will you dwell on the goodness of God or dwell on distracting thoughts that steal your joy? I encourage you to choose joy with me today! May you choose to be joyful in God and His ways! May you know that God will sustain you! He will never let you down!

Cast your cares on the Lord and he will sustain you; he will never let the righteous fall. (Psalm 55:22)

#### **Pray It Through**

Dear Lord, I cast all my cares on You. I know that You will sustain me no matter what I face in my day. Today, I choose joy! I choose to be joyful because You are faithful!

I'm Choosing to be joyful in Jesus,

# Category

1. Joyful Living

# **Tags**

- 1. Joy
- 2. Joy in Jesus
- 3. Joyful
- 4. Joyfulness

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