



## Find your Rhythm

### Description

Therefore, my beloved brothers and sisters, be steadfast, immovable, always excelling in the work of the Lord [always doing your best and doing more than is needed], being continually aware that your labor [even to the point of exhaustion] in the Lord is not futile nor wasted [it is never without purpose]. (1 Corinthians 15:58, AMP)

We are on Secret #4 for a Joy-Filled Life. If you missed any of the first three secrets you can find them by clicking on the links below...

[Secret #1: Maximize your Moments](#)

[Secret #2: Keep a Healthy Perspective](#)

[Secret #3: Develop a Pattern of Grace](#)

Even as I walked through this last week, the secret of finding my own rhythm came to mind. How much more I enjoy life when I step into the rhythm God has for me. The rhythm He designed for my life. It's all too easy to step into someone else's rhythm and get lost in the beat of comparisons. Comparisons are a huge joy killer. Satan knows that. He loves to get us lost in looking at everyone else's life and lose focus in what God has for us.

I see that I enjoy life the most when I embrace the rhythm God designed for me. I'm a mother right now. That's the rhythm I'm walking to. In motherhood, I'm daily learning how to die to myself and become more Christlike. I did not know that this was the path my life would take when I became a mom. I had no idea that God would use my children to reveal another layer of ugliness in my heart. I truly never knew how selfish I was until I got married and then had children. This is the best medicine to get over myself and focus more on Christ.

What does your rhythm look like? Have you embraced the rhythm God has for you? I encourage you to spend more time reflecting on what God has for you this week and the rhythm of your life. And less time comparing yourself to the rhythm of your neighbor, co-worker, family member, ministry partner, or

friend. Focus in on the rhythm that God designed you for and enjoy walking to the beat of His grace for your life!

*Dear Father God, It's so easy to get wrapped up in comparisons and lose sight of who I am in Christ. God I know that my life has it's own sweet rhythm. A rhythm unlike anyone else's. Please help me to embrace that rhythm this week and walk to the beat of your presence in my life!*

Living a Joy-Filled Life,

**Category**

1. Joyful Living

**Tags**

1. Joy
2. Joyful
3. Rhythm
4. Victory

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