



## My Strong Fortress

### Description

In You, O Lord, do I put my trust *and* seek refuge; let me never be put to shame *or* [have my hope in You] disappointed; deliver me in Your righteousness!

<sup>2</sup> Bow down Your ear to me, deliver me speedily! Be my Rock of refuge, a strong Fortress to save me!

<sup>3</sup> Yes, You are my Rock and my Fortress; therefore for Your name's sake lead me and guide me.

<sup>4</sup> Draw me out of the net that they have laid secretly for me, for You are my Strength *and* my Stronghold.

<sup>5</sup> Into Your hands I commit my spirit; You have redeemed me, O Lord, the God of truth *and* faithfulness.

<sup>6</sup> [You and] I abhor those who pay regard to vain idols; but I trust in, rely on, *and* confidently lean on the Lord.

<sup>7</sup> I will be glad and rejoice in Your mercy *and* steadfast love,

because You have seen my affliction, You have taken note of my life's distresses,

<sup>8</sup> And You have not given me into the hand of the enemy; You have set my feet in a broad place.

<sup>9</sup> Have mercy *and* be gracious unto me, O Lord, for I am in trouble;

with grief my eye is weakened, also my inner self and my body.

<sup>10</sup> For my life is spent with sorrow and my years with sighing;

my strength has failed because of my iniquity, and even my bones have wasted away.

<sup>11</sup> To all my enemies I have become a reproach, but especially to my neighbors,  
and a dread to my acquaintances, who flee from me on the street.

<sup>12</sup> I am forgotten like a dead man, and out of mind; like a broken vessel am I.

<sup>13</sup> For I have heard the slander of many; terror is on every side!

While they schemed together against me, they plotted to take my life.

<sup>14</sup> But I trusted in, relied on, *and* was confident in You, O Lord; I said, You are my God.

<sup>15</sup> My times are in Your hands; deliver me from the hands of my foes and those who pursue me *and* persecute me.

<sup>16</sup> Let Your face shine on Your servant; save me for Your mercy's sake *and* in Your loving-kindness.

<sup>17</sup> Let me not be put to shame, O Lord, *or* disappointed, for I am calling upon You;

let the wicked be put to shame, let them be silent in Sheol (the place of the dead).

<sup>18</sup> Let the lying lips be silenced, which speak insolently against the [consistently] righteous with pride and contempt.

<sup>19</sup> Oh, how great is Your goodness, which You have laid up for those who fear, revere, *and* worship You,

goodness which You have wrought for those who trust *and* take refuge in You before the sons of men!

<sup>20</sup> In the secret place of Your presence You hide them from the plots of men;

You keep them secretly in Your pavilion from the strife of tongues.

<sup>21</sup> Blessed be the Lord! For He has shown me His marvelous loving favor when I was beset as in a besieged city.

<sup>22</sup> As for me, I said in my haste *and* alarm, I am cut off from before Your eyes.

But You heard the voice of my supplications when I cried to You for aid.

<sup>23</sup> O love the Lord, all you His saints! The Lord preserves the faithful, and plentifully pays back him who deals haughtily.

<sup>24</sup> Be strong and let your heart take courage, all you who wait for *and* hope for *and* expect the Lord!

~Psalm 31 (AMP)

## Category

1. Following Jesus

## Tags

1. Deliverer
2. Fortress
3. Refuge
4. Strength

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