



## Strong Fortress

### Description

In You, O Lord, do **I put my trust and seek refuge**; let me never be put to shame or [have my hope in You] disappointed; deliver me in Your righteousness! Bow down Your ear to me, deliver me speedily! **Be my Rock of refuge, a strong Fortress to save me!**

3 Yes, **You are my Rock and my Fortress**; therefore for Your name's sake lead me and guide me.

4 Draw me out of the net that they have laid secretly for me, for **You are my Strength and my Stronghold**.

5 Into Your hands I commit my spirit; You have redeemed me, O Lord, the God of truth *and* faithfulness.

6 [You and] I abhor those who pay regard to vain idols; but **I trust in, rely on, and confidently lean on the Lord**.

7 I will be glad and rejoice in Your mercy *and* steadfast love, because You have seen my affliction, You have taken note of my life's distresses,

8 And You have not given me into the hand of the enemy; You have set my feet in a broad place.

9 Have mercy *and* be gracious unto me, O Lord, for I am in trouble; with grief my eye is weakened, also my inner self and my body.

10 For my life is spent with sorrow and my years with sighing; my strength has failed because of my iniquity, and even my bones have wasted away.

11 To all my enemies I have become a reproach, but especially to my neighbors, and a dread to my acquaintances, who flee from me on the street.

12 I am forgotten like a dead man, and out of mind; like a broken vessel am I.

13 For I have heard the slander of many; terror is on every side! While they schemed together against me, they plotted to take my life.

14 But I trusted in, relied on, *and* was confident in You, O Lord; I said, **You are my God.**

15 **My times are in Your hands;** deliver me from the hands of my foes and those who pursue me *and* persecute me.

16 Let Your face shine on Your servant; **save me for Your mercy's sake** *and* in Your loving-kindness.

17 Let me not be put to shame, O Lord, *or* disappointed, for I am calling upon You; let the wicked be put to shame, let them be silent in Sheol (the place of the dead).

18 Let the lying lips be silenced, which speak insolently against the [consistently] righteous with pride and contempt.

19 Oh, **how great is Your goodness,** which You have laid up for those who fear, revere, *and* worship You, goodness which You have wrought for those who trust *and* take refuge in You before the sons of men!

20 In the secret place of Your presence You hide them from the plots of men; You keep them secretly in Your pavilion from the strife of tongues.

21 Blessed be the Lord! For **He has shown me His marvelous loving favor** when I was beset as in a besieged city.

22 As for me, I said in my haste *and* alarm, I am cut off from before Your eyes. But **You heard the voice of my supplications** when I cried to You for aid.

23 O love the Lord, all you His saints! **The Lord preserves the faithful,** and plentifully pays back him who deals haughtily.

24 **Be strong and let your heart take courage,** all you who wait for *and* hope for *and* expect the Lord!

*Psalm 31 (AMP)*

### Category

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