



## Find Rest

### Description

God, the one and only—I'll wait as long as he says. Everything I need comes from him, so why not. He's solid rock under my feet, breathing room for my soul, An impregnable castle: I'm set for life.

3-4 How long will you gang up on me?  
How long will you run with the bullies?  
There's nothing to you, any of you—  
rotten floorboards, worm-eaten rafters,  
Anthills plotting to bring down mountains,  
far gone in make-believe.  
You talk a good line,  
but every "blessing" breathes a curse.

5-6 God, the one and only—  
I'll wait as long as he says.  
Everything I hope for comes from him,  
so why not?  
He's solid rock under my feet,  
breathing room for my soul,  
An impregnable castle:  
I'm set for life.

7-8 My help and glory are in God  
—granite-strength and safe-harbor-God—  
So trust him absolutely, people;

lay your lives on the line for him.  
God is a safe place to be.

~Psalm 62:1-8 (MSG)

### Category

1. Following Jesus

### Tags

1. God
2. Psalms
3. Rest
4. Soul
5. Trust

### Date Created

September 13, 2014

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