



You Lift Me Up

Description



**but they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles, they shall run and not be weary, and they shall walk and not faint. (Isaiah 40:31, KJ21)**

We all know that feeling. The feeling of weariness, being tired, running out of breath, and wanting to give up. We also understand the anxious waiting for God to do something when we are in the middle of an imposing trial. Isaiah 40:31 comforts us with a vivid promise for everyone who patiently waits for God to move and to help you.

As I was reading this verse, a well known song popped into my head. The message of this song is to remind us that no matter what, God WILL take care of us.

*"You know my heart is heavy  
And the hurt is deep  
But when I feel like giving up  
You're reminding me  
That we all fall down sometimes  
But when I hit the ground*

*You lift me up when I am weak  
Your arms wrap around me  
Your love catches me so I'm letting go  
You lift me up when I can't see  
Your heart is all that I need  
Your love carries me so I'm letting go"*

("Lift Me Up", credits to The Afters and to A-Z lyrics)

Sometimes God puts us through trials and tribulation to prepare us for something that is yet to come. For instance, Abraham had to wait 100 years before God gave him a son, who would continue the chosen family line. Moses had to get past his stuttering to become a leader of the Israelites. Ruth had to become a widow and travel into a new country in order to meet Boaz, marry him, and eventually become the Great-Grandmother of King David. Even Paul had to give up his popularity, his health, and ultimately his life in order to share the Gospel to the rest of the world.

So no matter what you are going through, remember that if you wait upon the Lord, He will lift you up!

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**Date Created**

March 19, 2018

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