



Lord My God

Description

I will extol You, O Lord, for You have lifted me up and have not let my foes rejoice over me.

2 O Lord my God, I cried to You and You have healed me.

3 O Lord, You have brought my life up from Sheol (the place of the dead); You have kept me alive, that I should not go down to the pit (the grave).

4 Sing to the Lord, O you saints of His, and give thanks at the remembrance of His holy name.

5 For His anger is but for a moment, but His favor is for a lifetime *or* in His favor is life. **Weeping may endure for a night, but joy comes in the morning.**

6 As for me, in my prosperity I said, I shall never be moved.

7 By Your favor, O Lord, You have established me as a strong mountain; You hid Your face, and I was troubled.

8 I cried to You, O Lord, and to the Lord I made supplication.

9 What profit is there in my blood, when I go down to the pit (the grave)? Will the dust praise You? Will it declare Your truth *and* faithfulness to men?

10 Hear, O Lord, have mercy *and* be gracious to me! O Lord, be my helper!

11 **You have turned my mourning into dancing for me; You have put off my sackcloth and girded me with gladness,**

12 To the end that my tongue *and* my heart *and* everything glorious within me may sing praise to You and not be silent. O Lord my God, **I will give thanks to You forever.**

~Psalm 30 (AMP)

Category

1. Following Jesus

Tags

1. Favor
2. God's Strength
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