



Bless the Lord

Description

Bless the Lord, O my soul, and all that is within me, *bless* His holy name.

² Bless the Lord, O my soul,

And **forget none of His benefits;**

³ **Who pardons all your iniquities,**

Who heals all your diseases;

⁴ **Who redeems your life from the pit,**

Who crowns you with lovingkindness and compassion;

⁵ Who satisfies your years with good things,

So *that* your youth is renewed like the eagle.

⁶ The Lord performs righteous deeds

And judgments for all who are oppressed.

⁷ He made known His ways to Moses,

His acts to the sons of Israel.

⁸ **The Lord is compassionate and gracious,**

Slow to anger and abounding in lovingkindness.

⁹ He will not always strive *with us*,

Nor will He keep *His anger* forever.

¹⁰ He has not dealt with us according to our sins,

Nor rewarded us according to our iniquities.

¹¹ **For as high as the heavens are above the earth,**

So great is His lovingkindness toward those who fear Him.

¹² As far as the east is from the west,

So far has He removed our transgressions from us.

¹³ Just as a father has compassion on *his* children,

So the Lord has compassion on those who fear Him.

¹⁴ For He Himself knows our frame;

He is mindful that we are *but* dust.

¹⁵ **As for man, his days are like grass;**

As a flower of the field, so he flourishes.

¹⁶ When the wind has passed over it, it is no more,

And its place acknowledges it no longer.

¹⁷ **But the lovingkindness of the Lord is from everlasting to everlasting on those who fear Him,**

And His righteousness to children's children,

¹⁸ To those who keep His covenant

And remember His precepts to do them.

¹⁹ The Lord has established His throne in the heavens,

And **His sovereignty rules over all.**

²⁰ Bless the Lord, you His angels,

Mighty in strength, who perform His word,

Obeys the voice of His word!

²¹ Bless the Lord, all you His hosts,

You who serve Him, doing His will.

²² Bless the Lord, all you works of His,

In all places of His dominion;

Bless the Lord, O my soul!

~Psalm 103 (NASB)

Category

1. Following Jesus

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